



Art for the Young at Heart

**CLASSES FOR SENIOR RESIDENTS 60+ FREE
TO RESIDENTS IN ATLANTIC COUNTY**

SATURDAYS: DANCE / MOVEMENT 9:30-10:25AM

MONDAYS: DRAW AND PAINT 9:30AM-11:00PM

TUESDAYS: TAI CHI BEGINNER 9:30-10:30AM

WEDNESDAYS: YOGA 9:30-10:30AM

THURSDAYS: DRAW AND PAINT 9:30-11:00AM

FRIDAYS: TAI CHI ADVANCED 9:30-10:30AM

*Class size is limited. Registration is required.
2nd session September 8- November 20 , 2026*

www.cygnusarts.org / 609-272-1199



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