



Art for the Young at Heart

CLASSES FOR SENIOR RESIDENTS 65+ FREE TO RESIDENTS IN ATLANTIC COUNTY

MONDAYS: DRAW AND PAINT 2-3:30PM

MONDAYS: DANCE /MOVEMENT 9:30-10:30AM

TUESDAYS: TAI CHI BEGINNER 9:30-10:30AM

WEDNESDAYS: YOGA 10:00-11:00AM

THURSDAYS: DRAW AND PAINT 9:30-11:00AM

FRIDAYS: TAI CHI ADVANCED 9:30-10:30AM

Class size is limited. Registration is required.

Start Feb. 4 - Nov. 30. 2024

www.cygnusarts.org / 609-272-1199



Made possible by funds from the Atlantic County Office of Cultural and Heritage Affairs, a partner of the New Jersey Counsel on the Arts.

