

TAI CHI / QI GONG

WEDNESDAYS

Experience the Art of Tai Chi as a style of energy art!
10am every Wednesday at Cygnus Creative Arts Centre.

October 18- December 20, 2023

10 Weeks / \$150.00

Single classes \$20

Registration required. Online or in person Mon-Thurs 4-7pm.



www.cygnusarts.org // 609.272.1199