



Art for the Young at Heart

**CLASSES FOR SENIOR RESIDENTS 65+ FREE TO
RESIDENTS IN ATLANTIC COUNTY**

MONDAYS: DRAW AND PAINT 2-3:30PM

TUESDAYS: DANCE /MOVEMENT 9:30-10:30AM

TUESDAYS: TAI CHI BEGINNER 9:30-10:30AM

WEDNESDAYS: YOGA 3:15-4:14PM

THURSDAYS: DRAW AND PAINT 9:30-11:00AM

FRIDAYS: TAI CHI ADVANCED 9:30-10:30AM

Class size is limited. Registration is required.

Start Feb. 3- Nov. 30. 2023

www.cygnusarts.org / 609-272-1199