



# Art for the Young at Heart

**CLASSES FOR SENIOR RESIDENTS 65+ FREE TO RESIDENTS IN ATLANTIC COUNTY**

**MONDAYS: DRAW AND PAINT 2-3:30PM**

**TUESDAYS: DANCE /MOVEMENT 9:30-10:30AM**

**TUESDAYS: TAI CHI BEGINNER 9:30-10:30AM**

**WEDNESDAYS: YOGA 3:15-4:14PM**

**THURSDAYS: DRAW AND PAINT 9:30-11:00AM**

**FRIDAYS: TAI CHI ADVANCED 9:30-10:30AM**

*Class size is limited. Registration is required.*

*Start Feb. 3- Nov. 30. 2023*

[www.cygnusarts.org](http://www.cygnusarts.org) / 609-272-1199